

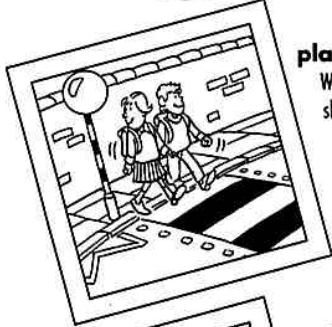
Walking Safely to School

Some reasons why it's good to walk to school, and things to remember to keep you safe!
(Using a light coloured marker, highlight any information which will help to complete your travel diary.)

Walking



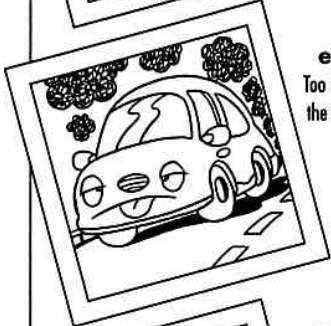
...keeps you fit and healthy!
It helps to build your muscles and is good for your heart and lungs.



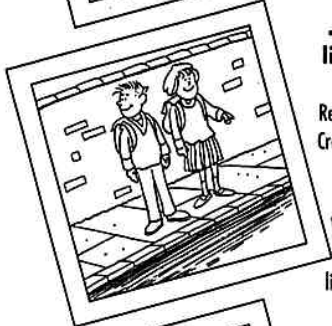
...use safe places to cross!
Wherever possible you should use safe places such as, Zebra Crossings, Pelican Crossings, Subways, Footbridges and Traffic Islands.



...fool around near the road!
Roads are not play grounds and you need to be aware of traffic at all times.



...helps the environment!
Too many cars can make the roads congested and also pollute the air we breathe.



...stop, look, listen, before you cross!
Remember your Green Cross Code. Find a safe place away from traffic, and STOP! When it is safe, keep looking and listening as you cross.



...run around, always walk!
You should never dash out into the road but take your time, and keep looking and listening for traffic.



...with friends it is lots of fun!
You can exchange news and help each other to stay safe.



...use the lollipop lady!
Wherever possible always use your School Crossing Patrol. Other people who can help are parents, the Police and Traffic Wardens.



...cross between parked cars!
Drivers cannot see you clearly. If there is no other place to cross, make sure you use the Green Cross Code.

Keep your own TRAVEL DIARY!

LIST THE DANGERS YOU HAVE TO COPE WITH ON YOUR WAY TO SCHOOL



Name: _____

Date: _____

*Use extra pages if you need more space.

SKOOTER SAYS... "CAN YOU THINK OF OTHER REASONS TO WALK TO SCHOOL?"

